





# Healy 澳洲花精


No	English expression	中文表述	参考图
1	<p>Alpine Mint Bush</p> <p>This flower grows in exposed rocky sites in the alpine and sub-alpine areas of south eastern Australia. This Essence works on the mental and emotional levels. It is for people who work in healing, health administration and caring situations where there is a great deal of responsibility for other people. They give much of themselves both physically and emotionally, often listening to people in pain and need. These care givers can be in danger of burning out or becoming disillusioned. They can reach a point of tiredness feeling their life has lost its joy. Alpine Mint Bush can revitalise and bring about in these people a renewed enthusiasm and joy in their life for what they do.</p>	<p>高山薄荷布什</p> <p>这朵花生长在澳大利亚东南部的高山和亚高山地区的裸露岩石地带。这种精华作用于精神和情感层面(星光体)。它适用于在康复, 健康管理和照料情况下工作的人, 其中对他人负有很大责任。他们在身体和情感上都付出很多, 经常倾听痛苦和需要的人。这些护理人员可能会精疲力尽或幻灭。他们可能会感到疲倦, 感到自己的生活失去了快乐。高山薄荷布什可以使这些人重新振作并为他们的生活带来新的热情和快乐。</p>	

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2	<p>Angelsword  This amazing flower grows in the alpine region of Australia. Viewed from one angle, it has the appearance of a 'fleur-de-lis'. The Essence is for reaching one's own spiritual truth by cutting through any confusion or misinformation, ie. helping one discern the level of truth in 'channelled messages'. When the flower is looked at the opposite way, it resembles a monk in purple robes accentuated by the yellow stamens at the third eye. Taking this Essence allows access and retrieval of previously developed gifts from past lives. Angelsword protects from outside influences and entities so one can receive clear information from one's Higher Self without interference. Whilst Fringed Violet works to repair damage to the aura, Angelsword releases any energies that entered while the aura was open.</p>	<p>这种惊人的花生长在澳大利亚的高山地区。从一个角度看，它看起来像是“鸢尾花”。本质是通过消除任何混乱或错误信息来达到自己的属灵真理。（因果体-单子体-潜意识层面）帮助人们了解“渠道信息”中的真实程度。从相反的方向看花时，它类似于和尚，身穿紫色长袍，由第三只眼的黄色雄蕊加重。服用该精华液可以访问和检索以前生活中开发的礼物。天使之剑可以保护自己免受外界影响和实体的伤害，因此人们可以不受干扰地从上级自我获得清晰的信息。在流苏紫罗兰修复光环受损的同时，天使之剑释放光环打开时进入的所有能量。</p>	

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3	<p data-bbox="277 510 461 537">Autumn Leaves</p> <p data-bbox="277 569 760 978">Autumn Leaves allows one to hear, see and feel communication from the other side and be open to that guidance and communication. It also further emphasises the sense of letting go and moving on in a very profound way. The leaves themselves were collected from a sacred area, in autumn, at the exact moment of their release from the trees. The Essence was made only from these leaves.</p> <p data-bbox="277 1010 769 1419">The work of Dr Elisabeth Kübler-Ross and other workers with the dying, all note how common and important it is for the one passing over to be aware that help and guidance are around, especially the presence of loved ones who have already died. This Essence will ease the transition of the passing over from the physical plane to the spiritual world. Autumn Leaves is included in the Transition Essence Combination.</p>	<p data-bbox="797 510 1159 877">秋叶让一个人从另一侧听到，看到和感受到交流，并愿意接受这种指导和交流。它还进一步强调了放手和前进的意义。叶子本身是在秋天从一片神圣地区收集的，恰好是从树上释放出来的那一刻。精华仅由这些叶子制成。</p> <p data-bbox="797 909 1159 1367">Elisabeth Kübler-Ross 博士和其他濒临死亡的工人的工作都表明，过去的人们意识到帮助和指导的存在是多么普遍和重要，特别是已经死去的亲人的存在。这种本质将简化从物理平面到精神世界的过渡（潜意识层面-提高思想水平，建立宇宙精神于肉体的联系）。过渡精华组合中包含了秋叶</p>	

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4	<p>Banksia Robur</p> <p>Banksia Robur is commonly known as Swamp Banksia as it is usually found by creek banks. This Essence addresses temporary loss of drive and enthusiasm due to burn out, disappointment or frustration. It is different to Old Man Banksia as it is for people who are normally very dynamic. It will pick them up out of the 'bog' they are in and get them back on solid ground and going again. When bathing add seven drops of this Essence to the bath which will enhance the effects of the remedy as it will assist in washing away negativity.</p>	<p>Banksia Robur 通常被称为 Swamp Banksia, 因为它通常在小溪银行中发现。该精华素解决了因倦怠, 失望或沮丧而造成的暂时性的驱动力和热情丧失。(星光体: 增加激情和欲望) 它与老人班克西亚 (Old Man Banksia) 不同, 因为通常情况下他们都很有活力。它将把它们从它们所处的“沼泽”中捡出来, 并使它们回到坚实的地面上, 然后再次前进。沐浴时, 在浴中加入 7 滴这种精华液, 这将增强治疗效果, 因为它有助于消除阴性感。</p> <p>斑克木 (学名: <i>Banksia integrifolia</i>), 又名佛塔树、全缘叶斑克木、全缘叶拔克西木, 是一种生长在澳大利亚东海岸的树木。</p>	

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5	<p>Bauhinia</p> <p>Made up near Geikie Gorge in the Kimberleys, this Essence is for embracing new concepts and ideas. There may be some hesitation or reluctance, initially, in coming to terms with these. It can even help when there is a person who is annoying you or whom you dislike. For example, a family of a different nationality may become neighbours and even though you may not be racist, you may have difficulty in accepting their different manners and custom.</p>	<p>紫荆花</p> <p>该精华素在金伯利 (Kimberley) 的吉奇峡谷 (Geikie Gorge) 附近, 是为拥抱新概念和创意而设计的 (因果体和单子体层面提供创造力)。最初, 在接受这些意见时可能有些犹豫或不愿。当有人惹恼您或您讨厌的人时, 它甚至可以提供帮助。例如, 一个不同国籍的家庭可能会成为邻居, 即使您可能不是种族主义者, 您也可能难以接受他们不同的举止和习俗。</p>	

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6	<p>Billy Goat Plum</p> <p>For feelings of shame, self disgust and self-loathing. For those people who feel revolted and dirty about sex and feel unclean afterwards. It can also be for feelings of revulsion about other physical aspects such as acne, eczema, a large nose, etc</p>	<p>公山羊李</p> <p>为了感到羞耻，自我厌恶和厌恶。对于那些对性感到反感和肮脏，然后感到不洁的人。也可能是因为对其他身体方面感到反感，例如痤疮，湿疹，大鼻子等。（以太体层面-感应层面的调理</p>	


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7	<p>Black-eyed Susan</p> <p>For people who are impatient or always 'on the go'. These people are continually rushing and their lives are always overflowing with commitments. This Essence enables these people to slow down, to reach that still centre within and find calmness and inner guidance.</p>	<p>对于急躁或总是在旅途中的人。这些人不断奔波，他们的生活总是充满承诺。这种精华使这些人放慢脚步，到达仍然居中的位置，并找到平静和内在的指引。</p> <p>(心智体，因果体层面-加强于宇宙精神的连接)</p>	


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8	<p>Blue bell            Made in the Olgas, one of the main spiritual centres in Australia, this Essence helps to open the heart. It is for those who feel cut off from their feelings. The emotion is there, but is held within. They are subconsciously afraid to express it for they fear their feelings of love, joy, etc. are finite or not renewable. They operate from a subconscious fear that there is just not enough and that if they let go of what they have, they will not survive. This fear can often be marked by a controlling, rigid and forthright</p>	<p>这款精华素是澳大利亚主要的精神中心之一奥尔加斯 (Olgas) 制造的, 有助于打开心灵。适用于那些感觉与自己的感情截断的人。情感在那里, 但是被保留在里面。他们下意识地害怕表达它, 因为他们害怕爱, 喜悦等的感觉是有限的或无法再生的。他们是出于潜意识而担心的, 那就是那里还不够, 如果放手所拥有的东西, 他们将无法生存。这种恐惧通常可以表现为控制性, 刻板和直率 (心智体, 因果体和单子体的综合能量)</p>	




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9	<p>Boab</p> <p>The Boab Tree is found only in the Kimberley region of northwest Australia. This is one of the most powerful of all the Bush Essences and has brought about profound change. Boab clears negative emotional and mental family patterns that are passed on from generation to generation. Boab can access and clear those core patterns and all the related ensuing beliefs. This Essence is very beneficial in helping those who have had experiences of abuse or prejudice from others. Boab will also help clear the negative lines of karma between people. When used in a spray it can be very effective in clearing negative energies, especially when combined with Fringed Violet, Angelsword and Lichen. Boab can help break the chains that have been around human consciousness for thousands of years.</p>	<p>柏树仅在澳大利亚西北部的金伯利地区发现。这是所有布什精华中最强大的一种，并带来了深刻的变化。Boab 消除了世代相传的负面情感和心理家庭模式。Boab 可以访问并清除这些核心模式以及所有随后的相关信念。这种精华对于帮助经历过他人虐待或偏见的人们非常有益。Boab 还将帮助消除人与人之间业障的负面界限。当用于喷雾剂中时，它可以非常有效地清除负能量，特别是与流苏紫罗兰，天使之角和地衣组合使用时。Boab 可以帮助打破数千年来围绕人类意识的各种链条。（心智体，因果体和单子体的综合能量，为人们改变潜意识提供能量）</p>	

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10	<p>Boronia</p> <p>This is the Essence for resolving obsessions - thoughts, events, things or ideas which are stuck. It leads to clarity and focus. It combines wonderfully with Bottlebrush for breaking habits and addictions and for dealing with an ended relationship when there is pining for the other person. It also enhances focus for creative visualisation.</p>	<p>这是解决困扰的精髓-思想，事件，事物或想法被卡住。它导致清晰和集中。它与 Bottlebrush 完美地结合在一起，可以打破习惯和上瘾，并在有其他人渴望的情况下处理终止的恋爱关系。它还可以增强创意可视化的焦点。（心智体，因果体和单子体的综合能量，为人们改变潜意识提供能量</p>	



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11	<p>Bottlebrush</p> <p>This Essence helps people move through major life changes and the overwhelm that often goes with those changes, especially retirement, menopause, adolescence or death, etc. Excellent for pregnant women and new mothers.</p>	<p>这种精华可以帮助人们度过重大的生活变化，以及随之而来的不堪重负，尤其是退休，更年期，青春期或死亡等。这对孕妇和新妈妈非常有用。</p> <p>（心智体，因果体和单子体的综合能量，为人们改变潜意识提供能量）</p>	



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12	<p>Bush Fuchsia</p> <p>This Essence assists with problem solving and improves one's access to intuition - it helps a person to trust their own 'gut' feelings. It allows for balance between the logical/rational and the intuitive/creative, i.e. the integration between the male and female aspects. It will give people courage and clarity in public speaking as well as the ability to speak out about their own convictions.</p>	<p>布什紫红色</p> <p>这种本质有助于解决问题，并改善人们获得直觉的能力-它可以帮助一个人信任自己的“直觉”感觉。它允许在逻辑/理性和直观/创造性之间进行平衡，即在男性和女性方面之间的整合。这将使人们在公开演讲中具有勇气和清晰度，并能够表达自己的信念。</p>	

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13	<p>Bush Gardenia</p> <p>For renewing passion and interest in relationships. It helps draw together those who are moving away from one another, busy in their own world (career, life, etc.). It is as if this Essence helps to turn the individual's head to reconnect to see what their partner is doing and feeling and to discover what is needed to bring them back together. It is not only for male/female relationships but also for family relationships. This flower has similar flowers and scent to that of the suburban garden shrub but is a 40 ft. tree, growing in the tropical north, similar in shape to a Eucalypt.</p>	<p>梔子花 (Gardenia jasminoides), 又名梔子、黄梔子。</p> <p>为了恢复对关系的热情和兴趣。它有助于将彼此远离, 忙于自己的世界 (职业, 生活等) 的人们聚集在一起。好像这种精华有助于转动个人的头以重新连接, 以查看其伴侣正在做的事情和感觉, 并发现将他们重新团结起来所需的条件。</p> <p>它不仅适用于男性/女性关系, 还适用于家庭关系。该花的花和气味与郊区花园灌木相似, 但是一棵 40 英尺的树, 生长在热带北部, 形状类似于桉树。(以太体和星光体能量的平衡和谐)</p>	


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14	<p>Bush Iris</p> <p>This was one of the first Essences to be prepared. It is an Essence to open people up to their spirituality and to access the doorway to their higher perceptions. It allows the trinity to flow into a person and is an excellent remedy to give someone who has just started meditation or 'conscious' spiritual growth. In the negative mode there will be materialism and/or atheism.</p>	<p>这是要准备的第一批精华之一。让人们对自己的灵性敞开胸怀，进入他们更高认识的大门是一种本质。它允许三位一体流入一个人，并且是给予刚开始冥想或“有意识的”灵性成长的人的极好的补救方法。在否定模式下，将存在唯物论和/或无神论。（以太体，星光体及心智体，因果体和单子体的综合能量，为人们改变潜意识提供能量）</p>	


No	English expression	中文表述	参考图
15	<p data-bbox="264 260 716 514">Christmas Bell</p> <p data-bbox="264 325 716 514">Christmas Bell is an erect perennial herb which is frequently found in the Hawkesbury Sandstone country of NSW in the low open heaths or swamps.</p> <p data-bbox="264 598 716 1207">It grows up to 60cm high with a crowd of yellow tipped, red fused, tubed flowers at the top. Christmas Bell's flowering time is from late December — hence its name — up until February. Christmas is the time of year associated with the joy of giving and receiving, not only of love, but also from the realm of the material too. This remedy assists one with mastery of the physical plane and with stewardship of one's possessions. It also helps one to manifest their desired outcomes and is extremely beneficial for anyone experiencing a sense of lack.</p> <p data-bbox="264 1291 716 1753">Christmas Bell, operating at a deep spiritual level, helps one to also realise that the most important things in life are not of the physical and not to be distracted by having their time and energy consumed in the pursuit of these worldly things. We are spiritual beings and by mastering the physical we can more readily focus on and achieve our life purpose and create loving relationships.</p>	<p data-bbox="716 325 1070 535">圣诞钟是一种直立的多年生草本植物，在新南威尔士州的霍克斯伯里砂岩国家经常在低空荒地或沼泽中发现。</p> <p data-bbox="716 556 1070 1144">它长到 60 厘米高，顶部有黄色的尖端，红色融合的管状花。圣诞钟声的开花时间是从 12 月下旬（因此得名）到 2 月。圣诞节是一年中与给予和接受欢乐相关的时间，不仅是爱，也包括物质的境界。这种补救措施可以帮助人们精通物理平面并管理自己的财产。它也可以帮助人们表现出理想的结果，并且对任何一种缺乏感觉的人都非常有益。</p> <p data-bbox="716 1165 1070 1690">圣诞钟声在深层的精神层面运作，有助于人们认识到生命中最重要的事物与肉体无关，不要为了追求这些世俗的事物而花费时间和精力来分心。我们是精神生命，通过掌握身体，我们可以更轻松地专注于自己，实现我们的生活目标，并建立爱的关系。（因果体单子体提供能量支持）</p>	

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16	<p>Crowea</p> <p>Crowea is for people who are feeling 'not quite right' with themselves and are just a little out of balance. It is an excellent Essence for people not sure of what it is they are feeling. This purple flower has five petals with a prominent raised centre. Five in numerology relates to the emotional centre and the integration of emotions.</p>	<p>克罗威亚</p> <p>Crowea 适用于那些感觉自己“不太正确”并且稍微失去平衡的人。对于不确定其感受的人们来说，这是一种极好的精华素。这朵紫色的花有五瓣花瓣，中心有突出的凸起。命理学中的五个与情感中心和情感整合有关。  <span style="background-color: yellow;">(以太体和星光体能量和谐的表达)</span></p>	
No	English expression	中文表述	参考图
17	<p>Dagger Hakea</p> <p>For people who feel resentment and bitterness and hold grudges against those with whom they have been very close e.g. family members and old lovers. This resentment is often not openly displayed. The plant gets its name from the needle-like barb that grows on its leaves.</p>	<p>对于那些感到怨恨和痛苦并怀恨与之交往的人的人，例如家庭成员和旧情人。这种怨恨通常不会公开显示。该植物的名字来自生长在其叶子上的针状倒钩。(显意识层面，为以太体和星光体能量提供疏导)</p>	


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18	<p>Dog Rose</p> <p>The striking feature of Dog Rose is that the flowers hang down and appear to have dropped and rounded shoulders, like a defeated person. Dog Rose is the Essence for an increase in the flow of the vital force, quality of life, courage and self esteem. It is also for shy, insecure, timid, nervous people.</p>	<p>Dog Rose 的显着特征是花朵垂下来，看起来像落败的人一样掉落且倒圆了肩膀。Dog Rose 是增加生命力，生活质量，勇气和自尊心的精华。它也适合害羞，不安全，胆怯，紧张的人。(肉体 and 以太体，星光体层面提供能量支持)</p>	
No	English expression	中文表述	参考图
19	<p>Dog Rose of the Wild Forces</p> <p>Found only in Victoria, this Essence was made up from a plant quivering and leaning over the surging white water just below Mackenzie Falls, in Gariwerd, (previously known as The Grampians). This plant is commonly found growing close to the water. It is taken when a person requires grounding. On a higher level it helps to teach the necessity of gaining control over the emotions so that emotional intensity will not distort one's natural energies.</p>	<p>狂野力量的狗玫瑰</p> <p>这种精华仅在维多利亚州发现，它是由一种植物颤抖并斜倚在加里韦德（以前称为格兰屏山脉）的麦肯齐瀑布下方的汹涌的白水上制成的。通常发现这种植物生长在靠近水的地方。当人需要接地时使用。在更高的水平上，它有助于教导控制情绪的必要性，以使情绪强度不会扭曲人的自然能量。(肉体 and 以太体，星光体层面提供能量支持)</p>	





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20	<p>Five Corners Essence resolves low self-esteem, lack of confidence and diminished self-love. This tall, proud shrub gets its name from its fruit which has five corners – and this corresponds with the anatomical position of a body with arms and legs spread, and the fifth point being the head. This Essence allows the life force to flow through to these five centres. When this happens a person feels good and strong in themselves, and they feel their own love and beauty. In the negative mode, the person will appear crushed and 'held in'.</p>	<p>五个角落的精华解决了自卑，缺乏自信和自爱减少的问题。这种高大而自豪的灌木丛因其具有五个角的果实而得名-这与胳膊和腿伸开的身体的解剖位置相对应，第五点是头部。这种精华使生命力流到这五个中心。当这种情况发生时，一个人会感觉自己很强壮，他们会感受到自己的爱和美丽。在否定模式下，此人会显得被压碎并“被困”。(以太体，星光体及心智体，因果体和单子体的综合能量，为人们改变潜意识提供能量)</p>	


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21	<p>Flannel Flower almost begs to be touched and felt, since the petals of this flower resemble the sensuous texture of flannel. This Essence is for people who are uncomfortable with emotional intimacy as well as physical contact and touching.</p> <p>They often have difficulty in maintaining their personal boundaries. It helps one to totally trust and express verbally their innermost feelings. It brings to both males and females a desire to and enjoyment in, expressing themselves physically. It is excellent for males allowing for a gentleness, softness and sensitivity in touching.</p>	<p>法兰绒花几乎要被触摸和感觉到，因为该花的花瓣类似于法兰绒的感官质感。此精华液适合那些对情感亲密以及身体接触和触摸不满意的人（以太体）。</p> <p>他们通常很难维持自己的个人界限。它可以帮助人们完全信任并以口头表达他们的内心感受。它给男性和女性带来了渴望(星光体)和享受，以身体表达自己。它非常适合男性使用，使人感觉温和，柔软和敏感。</p>	


No	English expression	中文表述	参考图
22	<p>Freshwater Mangrove</p> <p>This flowering tree grows beside fresh water creeks, billabongs and swamps in the Northern Territory. The healing quality of the Essence is to release and heal mental prejudice, allowing the heart to open without prejudgement. The prejudice of Slender Rice Flower stems from direct personal experience whereas Freshwater Mangrove is for those who mentally reject or have already made up their mind about something without it ever being experienced.</p> <p>Often the seeds of this prejudice have been sown for a long time. In many cases it is generational, as in the case of countries where religious prejudice is passed on and accepted by the young without question. Many prejudices are built because of cultural or societal belief that something cannot be done. This Essence has the potential to allow us to fully experience and be open on both a mental and heart level to new perceptual shifts and all the changes occurring at this time.</p>	<p>这棵开花的树生长在北领地的淡水小溪，河水和沼泽旁边。精华素的治疗品质是释放并治愈精神偏见，使心脏无需预先判断即可打开。苗条稻花的偏见源于直接的个人经验，而淡水红树林则是为那些在精神上拒绝或已经下定决心而从未经历过的人们准备的。</p> <p>通常，这种偏见的种子已经播种了很长时间。在许多情况下，这是代代相传的，就像宗教偏见毫无保留地传给年轻人并被年轻人接受的国家一样。由于文化或社会信仰无法做某事，因此造成了许多偏见。这种本质有可能使我们充分体验并在精神（心智体）和心脏层面上接受新的知觉转变以及此时发生的所有变化。</p>	


No	English expression	中文表述	参考图
23	<p>Fringed Violet</p> <p>Fringed Violet is for treating damage to the aura where there has been shock, grief or distress. This remedy maintains psychic protection and is excellent for people who are drained by others or those who unconsciously absorb the physical and emotional imbalances of others.</p>	<p>流苏紫罗兰用于治疗受到震动，悲伤或困扰的光环。这种补救措施可以保持心理保护，对于被别人抽筋或无意识地吸收他人身体和情感（星光体）失衡的人来说非常有用。</p>	

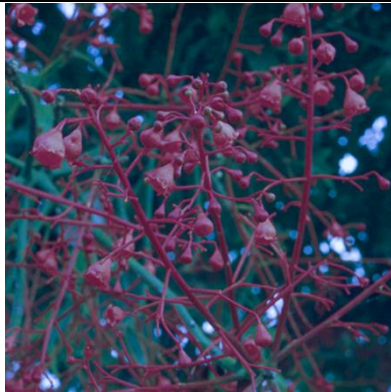
No	English expression	中文表述	参考图
24	<p>The Green Essence is made, not from the flowers, but rather the stems and leaves of traditional, fresh, green herbs, using the same method we use to make our Flower Essences. It is used to harmonise any internal yeast, mould and parasites to the same vibration as one's body. It should be taken orally for a minimum two week period, five drops 3 times a day, five minutes before meals. Green Essence can also be used topically on the skin. Place seven drops of Green Essence in a dessert bowl of water, splash on the affected area and allow to dry. Do this morning and night for two weeks. You will need to make a fresh batch every two days. You can also douche if necessary with Green Essence. This is most effectively done morning and night for a two week period. We recommend not using Green Essence externally at the same time as it is taken internally.</p>	<p>“绿色精华”不是由花制成的，而是由传统的新鲜绿色草药的茎和叶制成的，其制造方法与我们制作“花卉精华”时所用的方法相同。它用于协调任何内部酵母，霉菌和寄生虫，使其产生与人体相同的振动（以太体）。饭前至少五分钟应口服至少两周，每天三滴，五次。</p> <p>绿色精华液也可以局部使用在皮肤上。将7滴绿色精华素放入一碗甜品水中，溅到患处并使其干燥。今天早上和晚上做两个星期。您将需要每两天进行一次新鲜批处理。您也可以根据需要使用绿色精华液冲洗。最有效的方法是在两个星期的早上和晚上进行此操作。我们建议不要在内部同时使用外部绿色精华。</p>	


No	English expression	中文表述	参考图
25	<p>Green Spider Orchid</p> <p>This remedy was also made up in Gariwerd (The Grampians) Victoria and is very much aligned with higher learnings, philosophies and deeper insight. This Essence can assist in working with telepathy, to attune a person to be more receptive to not only other people but also other species and kingdoms. It is for people who are teaching spiritual matters and understandings, helping them to impart that knowledge.</p> <p>It helps us to know when to share about our spiritual experiences, ideas before they are manifested and incomplete projects and when to remain silent to let the energy build. Green Spider Orchid can release nightmares, terror and phobias stemming from past lives.</p>	<p>维多利亚州的 Gariwerd (The Grampians) 也采取了这种补救措施，并与更高的学识，哲学和更深刻的见解保持一致。这种精髓可以协助心灵感应（以太体，星光体，心智体，因果体），使一个人不仅可以接受他人，还可以接受其他物种和王国。它是为那些正在教导属灵问题和理解，帮助他们传授知识的人而设计的。</p> <p>它可以帮助我们知道什么时候可以分享我们的属灵经验和思想，然后这些思想和思想才能被体现出来，尚未完成，以及什么时候保持沉默以让能量积聚。绿蜘蛛兰花可以释放来自前世的噩梦，恐怖和恐惧症。</p>	

No	English expression	中文表述	参考图
26	<p>Grey Spider Flower</p> <p>This is an Essence to deal with or psychic attack. The Essence will restore faith and trust. Interestingly enough every time I picked this flower to make the Essence I came across a spider. There is a theory that spiders are an archetypal image for attack.</p>	<p>这是应对的本质或心理攻击。本质将恢复信念和信任（心智体，因果体）。有趣的是，每次我摘下这朵花来制作精华时，我都会遇到蜘蛛。有一种理论认为蜘蛛是攻击的原型。</p>	


No	English expression	中文表述	参考图
27	<p>Gynea Lily</p> <p>Also known as the Giant Lily, this extraordinary plant bears large red flowers on a huge terminal head atop a stem of up to four metres high. Being so high the flowers are not seen clearly from the ground. This remedy is for excessive pride and arrogance and helps bring about humility. The Essence is for reaching up to the energy of arrogance and transforming it to achieve great heights. It gives strength to those who are ahead of their peers and helps them to stay at the top. Gynea Lily is also very beneficial for people whose personalities are very intense or extrovert, or those who are dominating, demanding and very charismatic who usually get their way. It is also for people who like to be seen and noticed and who seek glamour and status.</p>	<p>这种非同寻常的植物也被称为巨型百合，在高达4米高的茎顶上的巨大末端上长着红色的大花。如此高的花朵从地面上看不清。这种补救措施是为了过分骄傲和自大，并有助于带来谦卑。本质是为了达到傲慢的能量并将其转化为更高的高度。它为那些领先于同行的人提供力量，并帮助他们保持领先地位。</p> <p>Gynea Lily 对于个性非常强烈或性格外向的人，或通常支配自己的主导性，要求性和超凡魅力的人也非常有益。它也适合那些喜欢被人看到和被注意以及寻求魅力和地位的人（以太体，星光体）</p>	


No	English expression	中文表述	参考图
28	<p>Hibbertia</p> <p>For people who are strict and regimented or even fanatical with themselves or for those who use their knowledge to gain an upper hand. They constantly devour information and philosophies purely to make themselves better people but often without truly integrating it. In the positive mode these people will be accepting of themselves and their own innate knowledge and experiences, without wanting to be superior to others.</p>	<p>希伯蒂亚</p> <p>对于严格而有节制甚至狂热的人，或者利用自己的知识来占上风的人。他们不断地吞噬信息和哲学（星光体，心智体），纯粹是为了使自己成为更好的人，但往往没有真正地整合它们。在积极模式下，这些人将接受自己和自己的先天知识和经验，而不想超越别人。</p>	


No	English expression	中文表述	参考图
29	<p>Illawarra Flame Tree</p> <p>An Essence for those who suffer from a great sense of rejection, or who feel 'left out'. This rejection is deeply felt and is very agonising for the person. The Essence is also for self rejection, or for a person entering a new experience, e.g. parenthood. This Essence will help a person take that first step. It is also beneficial for those whose numbers in numerology are 11, 22 or 33 - people who have usually chosen to do very important work this life.</p>	<p>适用于遭受极大拒绝感或感到“被排斥”的人的精华。人们深深地感受到这种拒绝，这对于这个人来说是非常痛苦的。本质也用于自我拒绝，或用于进入新体验的人，例如为人父母。这种精华将帮助一个人迈出第一步。对于命理学人数为 11、22 或 33 的人（通常一生中选择做非常重要的工作的人）也很有益（<b>心智体，因果体</b>）。</p>	

No	English expression	中文表述	参考图
30	<p>Isopogon is for people who live very much in their heads. They are dominated by their intellect and there is often a separation between their heart and head. This Essence, like <u>Tall Yellow Top</u>, connects one's emotions (heart) with their thoughts (head). It especially benefits those people who control through stubbornness. It also enables the retrieval of long-forgotten skills and information.</p> <p>The small spiral arrangement of this plant's yellow flowers fade and leave a small, grey, round nut which will stay on the plant for many years. In spiritual symbolism the colour yellow represents wisdom and knowledge.</p>	<p>Isopogon 适合生活在头脑中的人们。他们以自己的才智为主导，并且他们的头与脑之间经常存在距离。就像高大的黄色上衣一样，这种精华将人的情感（内心）与思想（头）联系起来。它特别有益于那些通过固执来控制的人。它还可以检索长期被遗忘的技能和信息。（<b>心智体，因果体</b>）</p> <p>该植物的黄色花朵的小螺旋状布置逐渐消失，并留下一个小的灰色圆形螺母，该螺母将在植物上保留多年。在精神象征意义中，黄色代表智慧和知识。</p>	




No	English expression	中文表述	参考图
31	<p>Jacaranda 蓝花楹 (学名 : Jacaranda mimosifolia D. Don)</p> <p>Jacaranda Essence is for people who dither, never completing things because they are constantly changing what they are doing. There is a fine distinction between Sundew and Jacaranda: Sundew deals with dreamers (the 'space cadet'), whilst Jacaranda is for those who dither, are 'all over the place' and are always changing their mind.</p>	<p>Jacaranda Essence 适用于抖动的人，从未完成任何事情，因为他们不断地改变自己在做的事情。</p> <p>Sundew 和 Jacaranda 之间有一个很好的区别：Sundew 与做梦者（“太空学员”）打交道，而 Jacaranda 是为那些抖动的人，“遍地都是”并且总是在改变主意的人。（心智体，因果体）</p>	


No	English expression	中文表述	参考图
32	<p>Kangaroo Paw</p> <p>This Essence is for people who are 'green' and socially inept. They do not know how to properly interact with other people. They can be very insensitive because they are so focused on themselves that they miss the cues and needs of other people around them. They can be very self centred.</p>	<p>此精华适合“绿色”且社交无能的人。他们不知道如何与他人正确互动。他们可能非常不敏感，因为他们过于专注于自己，以致错过了周围其他人的暗示和需求。他们可以很自我为中心（以太体）。</p>	

No	English expression	中文表述	参考图
33	<p>Kapok Bush</p> <p>Mount Barnett, an Aboriginal Cattle Station on the rugged Gibb River Road in the Kimberleys, was where I made this Essence.</p> <p>It is for people who have a tendency to give up very easily, who are easily discouraged. It can also give people an overview of a plan or situation and then allow them to work it through sequentially and be able to bring it to fruition. It could even be for someone with a piece of technology or machinery, to assist them to understand how it works.</p>	<p>木棉花布什</p> <p>巴尼特山 (Mount Barnett) 是金伯利山脉崎岖的吉布河路上的原住民牛站，是制作此精华液的地方。它适合那些倾向于放弃的人，很容易灰心的人。它还可以使人们对计划或情况有一个总体了解，然后允许他们按顺序进行工作并能够实现。甚至可能是某个拥有某种技术或机器的人来帮助他们了解其工作原理 (以太体, 星光体)。</p>	

No	English expression	中文表述	参考图
34	<p><u>Lichen</u></p> <p>Lichen helps an individual to be aware of, look for and go to the Light at the moment of physical death. The alternative to the soul going through to the Light is to stay earth bound in the astral plane — what we commonly refer to as 'a ghost'. There is a great deal of darkness operating on the astral plane and it is certainly a level that the soul would be well advised to move through quickly. A violent or sudden death can also result in the increased likelihood of the Spirit staying earthbound and the spraying of Lichen from an atomiser bottle would be of great benefit for those souls, helping them to see and go to the Light. Even in cases where there is an unexpected sudden death, eg. a car accident, the individual who dies in such an experience is fully aware at the level of their Higher Self, of what is about to happen and that they are going to pass over. Two weeks before such an event the etheric body starts to disengage and unravel from the physical body. Lichen assists the etheric and the physical bodies to separate in preparation for passing over. Lichen is contained in the Transition Essence Combination. The latter can be taken by people who are in the process of passing over or else going through major changes in their life such as changing career, moving house, etc. In these latter circumstances one can rest assured that the Lichen in this Combination would definitely not lead to their etheric body separating from their physical body!</p>	<p>地衣</p> <p>地衣可以帮助人们在人身死亡时意识到，寻找并走向圣光（因果体，单子体）。灵魂进入圣光的另一种选择是将地球束缚在星界中-我们通常将其称为“幽灵”。在星界上有大量的黑暗运转，当然应该建议灵魂快速通过。暴力或突然死亡也可能导致圣灵留在地球上的可能性增加，并且从雾化器瓶中喷洒地衣对这些灵魂将大有裨益，帮助他们看见并进入圣光。即使在意外猝死的情况下，例如。发生车祸的人，在这种经历中丧生的人，在他们的高级自我层面上完全意识到即将发生的事情以及他们将要过去。在这样的事件发生前两周，以太体开始脱离并脱离肉体。地衣协助以太和身体分开，以准备通过。地衣包含在过渡精华组合中。后者可以由正在经历或经历重大变化（例如职业变化，搬家等）的人接管。在这些后一种情况下，可以放心的是，这种组合中的地衣肯定不会导致他们的以太身体与他们的身体分离</p>	


No	English expression	中文表述	参考图
35	<p>Little Flannel Flower</p> <p>This Essence deals with the child aspect in us all. It addresses the expression of playfulness, being carefree and spontaneous joy. It is for people who regard life as a very sombre and serious experience. It is also for children who tend to grow up much too quickly, who take on the troubles of the world and get old before their time. It helps children get in contact with their spirit guides. Its delicate, tiny, white flowers cover the bush with a blanket of colour and white light, yet it is easily overlooked due to its size.</p>	<p>这种本质涉及我们所有人的儿童方面。它解决了嬉戏，无忧无虑和自发快乐的表情。它适用于将生活视为非常严肃和严肃经历的人们。这也适用于那些成长速度过快，承受世界上的麻烦并在他们的时间之前变老的孩子。它可以帮助孩子与他们的精神向导联系。它的细腻，纤细的白色花朵覆盖着灌木丛，上面覆盖着彩色和白色的光，但由于其大小，它很容易被忽略（以太体，星光体）</p>	

No	English expression	中文表述	参考图
36	<p>Macrocarpa</p> <p>Macrocarpa is a Eucalypt that grows in the wheat belt area of South West Western Australia, the stands of which are becoming increasingly rare and very few survive today. This tree has the largest flower of any Eucalypt. Both the tree and the flower have a tremendous power about them and this comes out in its properties. This Essence brings about renewed enthusiasm, endurance and inner strength.</p>	<p>Macrocarpa 是一种桉树，生长在澳大利亚西南西南部的小麦带地区，其林分变得越来越稀少，如今很少能生存。这棵树有所有桉树中最大的花。树木和花朵都对它们具有巨大的力量，这在它的属性中得以体现。这种精华带来了新的热情，耐力和内在力量（以太体）。</p>	


No	English expression	中文表述	参考图
37	<p>Mint Bush</p> <p>This Essence like many others, was made in the Valley of the Winds in the Olgas (or Katajuta) in central Australia. Mint Bush helps one to cope with the dross being burnt off before emerging at a new spiritual level. Just prior to any such initiation there are usually spiritual trials and tribulations that one goes through when one feels they are being tested, often to their limit. At this time there is usually a great deal of confusion and one can have a sense that everything is too difficult and too much to deal with and resolve. These feelings can also arise during intense changes in your life - divorce, bankruptcy, severe illness or accidents, changing religious beliefs or affiliations</p>	<p>薄荷布什</p> <p>这种精华素与其他许多精华素一样，是在澳大利亚中部奥尔加斯（或加塔祖塔）的风之谷制造的。薄荷布什（Mint Bush）帮助人们应对浮渣，然后新的精神层面出现。在进行任何此类尝试之前，通常会有一种精神上的考验和磨难，当人们感到自己正在接受考验时，往往会经历这种磨难和磨难，往往达到了极限。这时通常会有很多混乱，人们可能会感觉到一切都太困难，太多，无法处理和解决。在您的生活发生剧烈变化时，离婚，破产，严重疾病或事故，宗教信仰或从属关系的改变也会产生这些感觉（星光体、心智体，因果体）</p>	


No	English expression	中文表述	参考图
38	<p>Monga Waratah (also known as Braidwood Waratah), a shrub up to 4 metres, has a very small distribution around the moist forested areas and creeks of the Mongarlowe River near Braidwood in New South Wales. Its flower is the same red colour as the more common Waratah (<i>Telopea speciosissima</i>) although it only seems to have the base of the Waratah's flower, as if the top cone or diamond has been removed. The Monga Waratah has the appearance of an open hand reaching out, as if wanting or needing more of something. This is a key note in its Doctrine of Signatures. Like its close relative Waratah and other Essences in the proteaceae family, Monga Waratah has a very powerful energy. This Essence can help a person find their inner strength which enables them to reach out.</p> <p>It addresses the negative conditions of disempowerment; of being overly needy; of feeling not strong enough; of feeling unable to do things alone; of always needing the strength and support of others; feeling choked or stifled in situations or relationships and feeling not able or strong enough to leave. This Essence is very much addressing co-dependency as well as strengthening one's will. Consequently, it can be thought of when working with addictions. Monga Waratah gives you the belief and sense that you can break any dependency upon a behaviour, substance or person. This remedy helps one to reclaim their spirit.</p>	<p>Monga Waratah Monga Waratah (也称为 Braidwood Waratah) 是一种长达 4 米的灌木，在新南威尔士州 Braidwood 附近的潮湿森林地区和 Mongarlowe 河小溪周围分布很小。它的花与更常见的 Waratah (<i>Telopea speciosissima</i>) 具有相同的红色，尽管它似乎只是以 Waratah 的花为基部，好像顶部的圆锥或钻石已被去除。Monga Waratah 的外观像张开的手，好像想要或需要更多东西。这是其签名学说的主要内容。</p> <p>像它的近亲 Waratah 和 Proteaceae 家族的其他精华一样，Monga Waratah 具有非常强大的能量。这种精华可以帮助一个人找到内在的力量，使他们能够伸出手。它解决了剥夺权力的负面条件；过于贫困感觉不够强壮感到无法独自做事；总是需要别人的力量和支持；在情况或人际关系中感到窒息或窒息，感觉自己无力或坚强以致无法离开。这种本质在很大程度上解决了相互依赖性以及增强了人们的意志。因此，可以考虑在处理成瘾问题时。</p> <p>Monga Waratah 给予您信念和感觉，您可以摆脱对行为，实质或人的任何依赖。这种补救措施可以帮助他们恢复精神。(心智体, 因果体)</p>	


No	English expression	中文表述	参考图
39	<p>This Essence helps one deal with feelings of hatred, anger, jealousy and the major blocks to expressing love. It is for people who tend to be suspicious of others. Mountain Devil helps to develop unconditional love and acceptance. It helps one express anger in a healthy way and so develop sound boundaries. This may open the way to forgiveness.</p>	<p>山魔 这种本质可以帮助人们处理仇恨，愤怒，嫉妒和表达爱的主要障碍。它适用于倾向于怀疑他人的人。山魔帮助发展无条件的爱和接受。它可以帮助人们以健康的方式表达愤怒，从而建立合理的界限。这可能为宽恕开辟道路。(以太体，星光体)</p>	


No	English expression	中文表述	参考图
40	<p>Mulla Mulla is for the personal recovery from the shattering experience of burns from heat or fire. This Essence reduces the negative effects of fire and the sun's rays. It is for those with a fear of fire or flames (often from a past life). If this fear is unconscious it will often manifest in a lack of vitality, as if they wish to fade away. If a person presents with this picture they can, with appropriate counselling, reveal this fear of fire or hot objects. This Essence was made up in Palm Valley, one of the hottest parts of the country and where some of the oldest plants in Australia are found</p>	<p>穆拉穆拉 (Mulla) 是为了从热或火烧伤的破碎经历中恢复的个人经验。这种精华减少了火和阳光的负面影响。它适用于那些怕火或火焰的人 (通常是前世)。如果这种恐惧是无意识的, 通常会表现为缺乏活力, 仿佛他们希望消失。如果有人拿出这张照片, 他们可以在适当的指导下证明对火或热物体的恐惧。这种精华素是在该国最热的地区之一, 也是澳大利亚最古老的植物所在的棕榈谷地区制成的 (以太体, 星光体, 心智体)。</p>	




No	English expression	中文表述	参考图
41	<p>Old Man Banksia</p> <p>For people who are weary, frustrated and disheartened by setbacks. This Essence helps to bring a spark into those people's lives who are heavy and slow moving. They tend to be reliable, dependable people who steadily plod on, often hiding their weariness while battling on with unceasing effort. The Old Man Banksia is a gnarled and twisted tree and it seems to be a storehouse of old wisdom. It is one of the first plants discovered by Joseph Banks.</p>	<p>对于那些因挫折而感到疲倦，沮丧和沮丧的人。这种精华有助于在沉重而缓慢的人们的生活中带来火花。他们往往是可靠，可靠的人，他们会不断地踩踏，经常隐藏自己的疲倦，而不断地努力奋斗。老人山龙眼是一棵粗糙而扭曲的树，似乎是古老智慧的仓库。它是约瑟夫·班克斯发现的最早的植物之一（<b>心智体，因果体</b>）。</p>	


No	English expression	中文表述	参考图
42	<p>Paw Paw</p> <p>For the assimilation and integration of new ideas and information, especially where there is a tendency to feel overwhelmed by the quality and quantity of that information. A feature of this plant is its very narrow stem which, at the top, branches into a mass of foliage to bear large and ponderous fruits. This Essence should be used when one is unable to solve a problem. It will activate the Higher Self, where we have the answer to all our problems. It will ease the burden of problems as it activates the intuitive processes to provide solutions.</p>	<p>为了同化和融合新的思想和信息，尤其是在人们对信息的质量和数量感到不知所措的情况下。这种植物的一个特点是其茎很窄，在顶部分枝成一团叶子，结出大而繁琐的果实。当人们无法解决问题时，应使用此精华素。它会激活高级自我，在那里我们可以解决所有问题。通过激活直观的过程来提供解决方案，它将减轻问题的负担（<b>星光体，心智体</b>）。</p>	

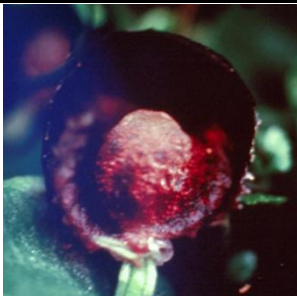
No	English expression	中文表述	参考图
43	<p>Peach-flowered Tea-tree</p> <p>Peach-flowered Tea-tree is an Essence for people with extreme mood swings, hypochondriacal people and those who have a fear of getting old. It can also be used for people who get enthusiastic and then, for no apparent reason, lose that enthusiasm. It is for those who do not 'follow through' on their goals and convictions. Once the challenge goes, they become bored and lose interest. It will help develop stability, consistency, drive and commitment.</p>	<p>桃花茶树是极度情绪波动者，软骨病患者和害怕变老的人们的必需品。它也可以用于那些热情高涨，但又没有明显原因而失去热情的人。这是针对那些不“遵循”目标和信念的人的。一旦挑战消失，他们就会变得无聊并失去兴趣。这将有助于发展稳定性，一致性，驱动力和承诺感（以太体，星光体）。</p>	


No	English expression	中文表述	参考图
44	<p>Philotheca</p> <p>This Essence allows people to accept acknowledgment for their achievements and to 'let in' love. They are often good listeners and generous, giving people. It allows shy people to speak of their plans and success. In its natural environment, the flower is easily overlooked and often mistaken for other species.</p>	<p>这种本质使人们能够接受对自己的成就的认可并“让”爱。他们经常是很好的倾听者和慷慨大方的人。它允许害羞的人谈论他们的计划和成功。在自然环境中，该花很容易被忽视，并且经常被误认为其他物种（心智体，因果体）。</p>	

No	English expression	中文表述	参考图
45	<p>Pink Flannel Flower</p> <p>This flower is all about heart energy, which is not surprising when you observe the intensity of its pink centre. It allows one to be in a state of gratitude for all aspects of their life and for what they are experiencing around them. Pink Flannel Flower brings about an appreciation of, and helps one take delight and pleasure in, the details and little things in life; to see and be aware of the blessings in every moment. Otherwise life can easily become dull, flat and one's "joie de vivre" will be missing.</p>	<p>这朵花全是关于心脏能量的，当您观察其粉红色中心的强度时，这不足为奇。它使人们对他们生活的各个方面以及他们在周围所经历的事情表示感谢。粉色法兰绒花使人们对生活中的细节和小事物产生了一种欣赏，并帮助人们获得了愉悦和愉悦。在每一刻都看到并意识到祝福。否则，生活很容易变得平淡无奇，变得平淡无奇，一个人的“欢乐人生”将不复存在（<b>星光体</b>）。</p>	

No	English expression	中文表述	参考图
46	<p>This annual is found in the stony country of the outback and has a striking, pinky-purple conical flower head. The Pink Mulla Mulla is for those who have suffered a deep spiritual wound long ago, often in their first incarnation, where they felt abandoned by Spirit which has led to a deep scar on the soul and psyche. It works on the outer causal bodies clearing sabotage (and fear of spiritual abandonment once more) that is stopping their spiritual growth. On an emotional level, Pink Mulla Mulla is for those who put out prickles to keep people away. They tend to be quite isolated and unable to resolve a hurt, wrong or injustice which can be felt very deeply. This impinges on their attitude to those around them and can make them suspicious of people's motives, allowing them no rest. They are often on guard against people hurting them again, they may protect themselves by saying hurtful things to others. What they say to those around them does not always reflect how they really feel. It is merely a way of keeping people at a safe distance.</p>	<p>该一年生植物在内陆多石的国家发现，并有一个引人注目的粉红色紫色圆锥形花头。Pink Mulla Mulla 专为那些在很早以前就遭受了深深精神创伤的人而设计，通常是在他们的第一个化身中。它作用于外部因果体，从而清除破坏活动（并再次害怕精神被抛弃），从而阻止了他们的精神成长。从情感上讲，Pink Mulla Mulla 是为那些挑剔使人们远离的人而设计的。他们往往非常孤立，无法解决可能会非常深刻地感受到的伤害，错误或不公。这会影响他们对周围人的态度，并使他们怀疑人们的动机，使他们无法休息。他们经常提防人们再次伤害他们，他们可能通过对别人说伤害性的事情来保护自己。他们对周围的人所说的并不总是能反映出他们的真实感受。这仅仅是使人们保持安全距离的一种方式。</p>	

No	English expression	中文表述	参考图
47	<p>Red Grevillea</p> <p>This Essence is for people who feel stuck. It acts as a catalyst for those who know what they want to achieve but do not know how to go about it. It is for people who are too reliant on others. It promotes independence and boldness. This Essence is extremely effective though the changes may not be as anticipated. Like the Grey Spider Flower this plant is a member of the Grevillea family and its flowers are a dark red colour, similar in colour to the Waratah.</p>	<p>红葛蕾维拉</p> <p>此精华液适合那些感到卡住的人。对于那些知道自己想实现的目标但不知道如何实现目标的人来说，它起到了催化剂的作用。它适用于过于依赖他人的人。它促进独立和大胆。尽管更改可能不像预期的那样，但此本质非常有效。与灰色蜘蛛花一样，该植物也是 Grevillea 家族的一员，其花朵为深红色，颜色与 Waratah 类似（以太体）。</p>	


No	English expression	中文表述	参考图
48	<p>Red Helmet Orchid</p> <p>This Essence was made up under unique circumstances on Toolbrunup Peak, the second highest peak in the Stirling Ranges. Red Helmet Orchid helps a man bond to his child or children. It helps men to be aware to allocate quality family time. Making this Essence required not only sunlight but also moonlight, thereby adding the feminine principle so as to allow bonding. It is also for anyone with unresolved father issues, which can manifest as a recurrent, lifelong rebellious attitude to authority figures - police, headmasters, bosses, etc</p>	<p>这种精华是在特布林峰第二高的 Toolbrunup 峰的特殊情况下制成的。红盔兰花帮助一个人与他的一个或多个孩子建立联系。它有助于男人意识到分配优质的家庭时间。制作这种精华液不仅需要阳光，而且还需要月光，从而增加了女性化的原则，从而可以进行粘合。它也适用于父亲问题未解决的任何男人，这可以表现为对权威人物（警察，校长，老板等）的反复性，终生叛逆态度（以太体）。</p>	

No	English expression	中文表述	参考图
49	<p>Red Lily is the same flower as the Sacred Lotus in the Buddhist tradition. It is for spirituality and connection to God in a grounded and centred way, allowing a person to have a wholeness to their spirituality by also realising the need to develop and maintain a balanced physical and emotional life. It has similar properties to that of Sundew for feeling scattered, not whole, vague and split, though Sundew applies to daily life whereas Red Lily is in relation to one's spirituality. I waded thigh deep in mud through a billabong teeming with leeches, turtles and snakes to pick this flower. Such is the joy of discovery.</p>	<p>红百合与佛教传统中的圣莲是同一朵花。它是为了灵性和以扎根和集中的方式与上帝联系，使一个人通过认识到发展和保持平衡的身体和情感生活的需要，使自己对灵性具有整体感。它具有与 Sundew 相似的特性，尽管感觉 Sundew 适用于日常生活，而 Red Lily 与人的灵性有关，但感觉散落，而不是整体，模糊和分裂。我用泥 mud，乌龟和蛇把大腿浸在泥泞的泥泞中，摘下这朵花。这就是发现的乐趣（因果体，单子体）。</p>	


No	English expression	中文表述	参考图
50	<p><u>Red Suva Frangipani</u> The Essence of this deep blood red Frangipani was made on the coast near Darwin in the Northern Territory. It is unusual in that it does not have the sweet aromatic quality of other Frangipanis but rather a very heavy, musky odour. Its common name in the Pacific is "Bleeding Heart Frangipani". This Essence addresses the great emotional intensity, difficulty and hardship that people can go through when a relationship is ending, close to ending or going through a very "rocky" period.</p> <p>It can also be taken for the enormous initial pain and sadness of the loss of a loved one. The person can be feeling greatly disturbed, not suicidal as in the case of Waratah, but torn apart by the event or situation. Sturt Desert Pea deals with unresolved grief from the past.</p>	<p>红苏瓦鸡蛋花 这种深红色素馨花的精髓是在北领地达尔文附近的海岸上制成的。它与众不同，因为它不具有其他素馨花的甜香气，而是非常重的麝香味。它在太平洋的俗称是“流血的素馨花”。这种本质解决了人们在一段感情结束，接近结束或经历一个非常“坎 rock”的时期时可能经历的巨大的情感强度，困难和困苦。</p> <p>对于失去亲人的巨大的初期痛苦和悲伤，也可以考虑采取这种措施。该人可能会感到极大的困扰，不是像瓦拉塔那样自杀，而是因事件或情况而四分五裂。Sturt Desert Pea 处理过去未解决的悲伤（以太体，星光体，心智体，因果体）。</p>	


No	English expression	中文表述	参考图
51	<p>Rough Blue bell</p> <p>This Essence was made in the spiritual centre of Australia in the Olgas also known as Kata Tjuta by the Aborigines. This is an Essence to help people fully express the love vibration innate within them. Rough Bluebell is for people who are very manipulative and for those who are deliberately malicious and use people, either subtly or openly. It is different from Kangaroo Paw which is for those who hurt or ignore the needs of others in an unconscious way. This Essence can be for those who play the role of the martyr and like to have others obligated to them. They are aware of the needs of others but want love and affection for themselves and are not concerned about or unable to give it back.</p>	<p>这种精华是在原住民在澳大利亚奥尔加斯精神中心建立的，也被称为卡塔丘塔。这是一种精华，可以帮助人们充分表达与生俱来的爱情振动。粗风信子（Bluebell）适用于极富操纵性的人，以及故意或恶意地，巧妙地或公开地使用人的人。它与袋鼠爪子不同，后者针对那些以无意识的方式伤害或忽略他人需求的人。这种精髓可以适合那些扮演mart 道者角色并喜欢强迫他人 others 难的人。他们意识到他人的需求，但想要对自己的爱和关怀，而不关心或无法回馈。星光体</p>	





No	English expression	中文表述	参考图
52	<p>She Oak</p> <p>An Essence which is very beneficial in overcoming imbalances in and bringing about a sense of wellbeing in females. It will benefit women who feel distressed about infertility. It removes those personal blocks that prevent conception. It can also be used in conjunction with Flannel Flower which will help remove karmic patterns hindering conception. The fruit of this tree is very similar in size to a woman's ovary. This Essence was made from the female tree of the species.</p>	<p>她橡树</p> <p>一种精华素，对于克服女性的不平衡感并带来幸福感非常有益。这将使对不孕症感到困扰的女性受益。它消除了那些阻止怀孕的个人障碍。它也可以与法兰绒花结合使用，这将有助于消除妨碍受孕的业力模式。这棵树的果实大小与女人的卵巢非常相似。这种精华是由该物种的雌性树制成的（因果体，单子体）。</p>	


No	English expression	中文表述	参考图
53	<p><u>Silver Princess</u> This is another rare Eucalypt. Although widely cultivated there is only one remaining natural stand of this beautiful tree on a granite outcrop known as Boyagin Rock in the south west of Western Australia. Of all the Eucalypts, there is none more attractive than the Silver Princess. This Essence brings about an awareness of one's life direction. Though it may not always reveal to a person their full life plan, it will aid people who are at crossroads, helping to show them what their next step is. It helps give them an understanding of that direction. This Essence is also excellent when one has reached an important goal and yet one is left feeling very flat, thinking 'is this all there is'. In this case, it gives one a glimpse or a sense of what is next and allows one to enjoy the journey whilst striving for the goal.</p>	<p>这是另一种罕见的桉树。尽管被广泛种植，但在西澳大利亚州西南部被称为博亚金岩石的花岗岩露头上，只剩下这棵美丽的树的天然林分。在所有桉树中，没有比银公主更具吸引力。这种本质使人们意识到自己的生活方向。尽管它可能并不总是向人们揭示他们完整的人生计划，但它会帮助处于十字路口的人们，向他们展示下一步的打算。它有助于使他们了解该方向。当一个人达到了一个重要的目标，而又一个人却觉得自己很平坦时，以为“这就是全部”了，这种精髓也非常出色。在这种情况下，它使您可以瞥见或了解下一步的情况，并在追求目标的同时享受旅程。（因果体，单子体）</p>	

No	English expression	中文表述	参考图
54	<p>Slender Rice Flower</p> <p>Slender Rice Flower is for people who are racist, narrow minded and lack humility. Humanity has, through its many wars, seen the grim ramifications of these attitudes. This Essence can be used for group harmony and conflict resolution when individual egos get in the way. It allows for greater co-operation between people for the common good. This Essence has the ability to make an individual aware of the common divinity in all people.</p>	<p>苗条的水稻花适合种族主义者，头脑狭窄和谦虚的人。人类通过其多次战争，看到了这些态度的严峻后果。当个别的自我困扰时，此精华可用于群体和谐和冲突解决。为了共同利益，它允许人与人之间加强合作。这种本质能够使个人意识到所有人的共同神性（<b>单子体</b>）。</p>	


No	English expression	中文表述	参考图
55	<p>Southern Cross</p> <p>This is another Essence made in the Stirling Ranges of Western Australia. It is for those people who have a tendency to feel that they are a victim, that life has been hard on them or that they have been hard done by. This Essence helps people to understand that they create all the situations that happen to them in life and that they can change their situation by changing their thoughts.</p>	<p>这是西澳大利亚斯特林山脉的另一种精华。对于那些倾向于觉得自己是受害者，生活在他们身上艰难或过着艰难生活的人们而言。这种本质可以帮助人们理解，他们创造了生活中所有可能发生的情况，并且可以通过改变思想来改变他们的处境。(以太体)</p>	

No	English expression	中文表述	参考图
56	<p>Spinifex</p> <p>Spinifex is a native grass which prefers the arid and semi-arid areas of inland Australia. This was the first Essence made from a grass species. It is for those who have a sense of being a victim to and having no control over illnesses, especially those with persistent and recurring symptoms</p>	<p>Spinifex 是一种本地草，偏爱澳大利亚内陆的干旱和半干旱地区。这是由草种制成的第一种精华。它适用于那些容易成为疾病的受害者并且无法控制疾病的人，尤其是那些持续存在和反复出现症状的人。以太体，</p>	

No	English expression	中文表述	参考图
57	<p>Sturt Desert Pea</p> <p>Sturt Desert Pea is the floral emblem of South Australia. It is for sorrows. I have come across at least three Aboriginal legends connecting this flower to grief and sadness. This is one of the most powerful of all the Essences and, like so many of the Bush Essences, it can help the person bring about amazing changes in their life.</p>	<p>Sturt 沙漠豌豆是南澳大利亚州的花卉象征。这是为了悲伤。我遇到了至少三个将这朵花与悲伤和悲伤联系在一起的土著传说。这是所有精华中最强大的一种，并且像许多布什精华一样，它可以帮助人们带来生活中的惊人变化。(心智体, 因果体)</p>	

No	English expression	中文表述	参考图
58	<p>Sturt Desert Rose</p> <p>This Essence is for guilt, including sexual guilt, which can be an emotional trigger for many sexual problems. It is also for following your own inner convictions and morality, helping you to follow through with what you know you have to do. If one is not true to themselves then there can often arise, as a consequence, feelings of regret or remorse. It can restore self esteem that has been damaged by past actions you may have felt guilty about.</p>	<p>这种本质是为了内, 包括性内, 这可能是许多性问题的情感触发。这也是为了遵循自己内在的信念和道德, 帮助您按照自己的意愿去做。如果一个人对自己不真实, 那么常常会产生遗憾或 re 悔的感觉。它可以恢复因您可能感到内的过去行为而受到损害的自尊 (星光体)。</p>	


No	English expression	中文表述	参考图
60	<p>Sunshine Wattle</p> <p>For people who have had a difficult time in the past and who are stuck there. They bring their negative experiences of the past into the present. Life is seen as being grim and full of struggle. When they look at life they only see bleakness, hard times and disappointment continuing into the future. In the positive mode these people will see the beauty, joy and excitement in the present and optimistically anticipate the future</p>	<p>对于过去经历困难时期并被困在那里的人们。他们将过去的消极经历带入了现在。生活被认为是严峻的，充满了挣扎。当他们看着生活时，他们只会看到黯淡，艰难的时期和失望继续到未来。以积极的方式，这些人将看到当下的美丽，快乐和兴奋，并乐观地展望未来（以太体）。</p>	


No	English expression	中文表述	参考图
61	<p>Sydney Rose</p> <p>The first aspect of the rare Sydney Rose to strike you is its intense, beautiful pink fragrant flower (about 2cms across) which does not fully open. Sydney Rose can grow up to a metre in height.</p> <p>Pink is symbolic of the love vibration and the healing quality of this remarkable Essence is to realise and know — on a deep heart level not merely an intellectual level — that there is no separation between us, that we are all one. This Essence was made on the 19th August 1999. That day was the third and final astrological grand cross of the year and</p>	<p>罕见的悉尼玫瑰给您留下深刻印象的第一方面是其强烈而美丽的粉红色芬芳花朵（约2厘米长），尚未完全打开。悉尼玫瑰可以长到一米高。</p> <p>粉红象征着爱的震动，这种非凡的精华的治愈品质是要在深厚的内心层面上（不仅仅是在智力层面上）认识到并知道，我们之间没有分离，我们都是人。这种精华是在1999年8月19日制作的。这一天是一年中的第三次也是最后一次占星术大十字，标志着人类非常重要的周期的开始。悉尼玫瑰为我们提供的治疗效果，</p>	


<p>marked the beginning of a very important cycle for humanity. The healing quality that Sydney Rose offers us, is the key to this new phase of unfolding growth and consciousness. If human consciousness is going to evolve then this will need to be the one fundamental premise to be embraced and to operate from, for in so doing it will create compassion, tolerance and love for others and the willingness to help and support others. Not surprisingly, whilst making this Essence I kept hearing over and over this message "the crowning glory, the crowning glory, this is the crowning glory of the Bush Essences."</p>	<p>是这一成长和意识不断发展的新阶段的关键。 如果人类意识正在发展，那么这将是必须被接受和运作的一个基本前提，因为这样做会为他人创造同情心，宽容和爱心，以及帮助和支持他人的意愿。毫不奇怪，我在传达这种精髓的同时不断听到这样的信息：“最高荣耀，最高荣耀，这就是布什精华的最高荣耀。”（因果体，单子体）</p>	
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No	English expression	中文表述	参考图
62	<p>Tall Mulla Mulla</p> <p>This is another Essence which was made up in the Olgas or Katajuta. It is a small upright annual with a long pink-purple flower head. It is for people who are not at ease being with others. They prefer their own company and enjoy being alone but miss out on the emotional growth that interaction with others can bring. On an emotional level there is not much 'circulating with people', as it feels too troublesome and uncomfortable. They do not easily mix with others. They prefer to be alone where they know their own environment and can avoid confrontation with others. They will often go to any length to keep the peace even if it means agreeing to or saying things they don't believe. They do not breathe in life deeply for they prefer holding on to the familiar rather than being open to the new.</p>	<p>高大的穆拉</p> <p>这是在奥尔加斯 (Olgas) 或片田 (Katajuta) 组成的另一种精华。这是一个小的直立的一年生植物，长着粉红色紫色的花头。它适合那些不愿意与他人相处的人。他们喜欢自己的公司，喜欢独处，但错过了与他人互动可以带来的情感增长。从情感上讲，没有太多“与人交流”的感觉，因为这太麻烦和不舒服了。他们不容易与他人混合。他们更喜欢在知道自己的环境并可以避免与他人对抗的地方独处。他们通常会竭尽全力维持和平，即使这意味着同意或说出他们不相信的事情。他们没有深呼吸，因为他们宁愿坚持熟悉的事物，也不愿对新事物开放。</p> <p>(星光体)</p>	




No	English expression	中文表述	参考图
63	<p>Tall Yellow Top This Essence is for alienation. There is no feeling of connection or sense of belonging to family, workplace, country, self, etc. Often as a consequence of this alienation the head, or intellect, takes over from the heart. As many people have been in this state for a long time, Tall Yellow Top will often need to be used for longer periods, sometimes for up to 6-8 weeks without a break. It is important when in this state to reach out to others for support. Be patient with the results from this Essence if it appears to be a little slow in acting. The results are well worth waiting for.</p>	<p>这种本质是疏远的。没有家庭，工作场所，国家，自我等的联系或归属感。通常，由于这种疏远，头部或智力从心脏接管了。由于许多人已经处于这种状态很长时间了，因此经常需要将 Tall Yellow Top 使用更长的时间，有时长达 6-8 个星期而不会休息。在这种状态下，与他人取得支持很重要。如果该精华素的作用似乎有点慢，请耐心等待。结果值得等待（心智体，因果体）。</p>	

No	English expression	中文表述	参考图
64	<p>Turkey Bush</p> <p>In Australia's highest-end Catherine Canyon, this flower essence. The area contains the oldest continuous art in the world in the form of aboriginal rock paintings. Because it is for creation. It is suitable for beginners and artists. The Turkish Bush allows them to adjust their higher selves and helps them overcome creative obstacles and frustrations. This nature brings the desire to express and allows creativity to flow.</p>	<p>土耳其布什</p> <p>在澳大利亚最高端的凯瑟琳峡谷，这种花精。该地区以原住民岩画的形式包含着世界上最古老的连续艺术品。因为它是为了创造。它适用于初学者和艺术家。土耳其布什允许他们调整自己的高级自我，并帮助他们克服创造性的障碍和挫败感。这种本质带来表达的欲望，并使创造力得以流动（以太体，星光体，因果体，单子体）。</p>	

No	English expression	中文表述	参考图
65	<p>Waratah</p> <p>Waratah is for the person who is going through the 'black night of the soul'. It gives them the strength and courage to cope and will bring their survival skills to the fore. This remedy will also enhance and amplify those skills. It is for great challenges. This powerful remedy often only needs to be used for four or five days. The Waratah Essence was made with great assistance and guidance in profound metaphysical circumstances, from what was known to be the last flowering Waratah of the season.</p>	<p>Waratah 适用于经历“灵魂的黑夜”的人。它使他们有足够的力量和勇气去应对，并将他们的生存技能脱颖而出。此补救措施还将增强和增强这些技能。这是巨大的挑战。这种强大的补救措施通常只需要使用四到五天。Waratah 精华是在深远的形而上学环境下提供的大力协助和指导而制成的，这被称为该季节最后开花的 Waratah。（以太体）</p>	

No	English expression	中文表述	参考图
66	<p>Wedding Bush</p> <p>This Essence is excellent for commitment, whether in relationships, employment, the family or personal goals. It can be of great benefit for a relationship when one or both individuals are uncertain if they wish to work through the issues their partner is bringing up in them. Wedding Bush can also be used for people who flit from one relationship to another or for when the initial attraction in the relationship diminishes.</p>	<p>婚礼布什</p> <p>无论是在人际关系，工作，家庭或个人目标方面，这种精华都非常适合承诺。当一个人或两个人不确定是否希望解决伴侣提出的问题，对于恋爱关系可能会非常有利。婚礼布什还可以用于那些从一种恋爱关系过渡到另一种恋爱关系的人，或者当这种恋爱关系的最初吸引力减弱时。</p> <p>(心智体。因果体，单子体)</p>	

No	English expression	中文表述	参考图
67	<p>Wild Potato Bush</p> <p>An excellent remedy for anyone feeling burdened or frustrated by any physical restriction or limitation with their body. This Essence brings about a sense of renewed enthusiasm, freedom and the ability to move on in life. It is especially for those who feel heavy and need to step out of the old self, but who feel it is difficult to do so.</p>	<p>野土豆布什</p> <p>对于任何因身体上的身体限制或限制而感到负担或沮丧的人而言，这是一个极好的疗法。这种本质带来一种新的热情，自由和继续前进的能力。特别是对于那些感到沉重且需要走出旧自我但又很难摆脱旧自我的人（因果体）。</p>	

No	English expression	中文表述	参考图
68	<p>Wisteria</p> <p>This Essence is for women who are uncomfortable with their sexuality. They may be unable to relax and enjoy sex, or afraid of physical intimacy and/or sensuality. Wisteria is included in the Sexuality Essence Combination for it is especially beneficial for those who have had traumatic sexual experiences. Negative beliefs around sexuality can develop from the time in the womb or from their parents attitude towards sex. The remedy works in clearing these beliefs, allowing sexual enjoyment, openness, gentleness and ease of sexual intimacy. Wisteria also allows the 'macho male' to be more aware of his softer, feminine side.</p>	<p>紫藤</p> <p>这种精华液是针对性欲不佳的女性使用的。他们可能无法放松和享受性爱，或者害怕身体上的亲密关系和/或淫荡。紫藤被包含在“性本质组合”中，因为它对那些经历过性经历的人特别有益。对性行为的否定信念可以从子宫内的时间或父母对性的态度开始发展。补救措施是清除这些信念，使人享有性愉悦，开放，温柔和轻松的性亲密关系。紫藤还可以使“男子气概的男性”更加了解自己柔软，女性化的一面（星光体）。</p>	